ITDA Group International Inc. Ltd.

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Standards Sheet & Training Guide

Introduction Scuba Diver Program

Training Materials and Time needed for Study to obtain ITDA Academic Credit(s)

Theory	Description	Where to obtain	Credit(s)	Contact	Other	Total Hours
Entry Level	Self Study	*ITDA web	0.5	0		45mins-1 hour
Skills	Instructor Briefing	Training Facility	0.5	30-40mins		40mins

Self Study	60mins
Contact	40mins
Practical Skills	30mins
Total	130 minutes

Student Name / Ref: _____ Date:

Instructor/Trainer: _____ Date:

Practical Training and Time needed for Exercises to obtain ITDA Experience Credit(s)

Date / Time:	Skill Required	Comfort Level	Pass Grade	Grade Achieved	Score / Marks
	Pre Skills Comfort		1-2		
	Regulator Breathing		2		
	UW Swimming		1-2		
	Reg Skills Set		1-2		
	Buoyancy		1-2		
	Mask Skills Set		1-2		
	Position / Comfort		2		
				Final Grade	

Supervising Instructor MUST sign off all training for certification.

Instructor/Trainer: _____ Pass / Fail? Date. _____ Signed _____

ITDA ID No._____ Assistant Name & Number._____